

Family Discussion Cards

Family 💑



Family 3



Who is in your family?

How can you tell when someone in your family is mad?

DIG **DEEPER**

What makes someone family?

DIG **DEEPER** Look in the mirror and make a mad face. What does your face do?



Family

Family ____



How can you tell when someone in your family is happy?

What is unique about your family?

DIG **DEEPER**

DIG

DEEPER

Do a random act of kindness for a family member.

DIG **DEEPER**

Share a special talent.



What makes you proud of

your family?

Share something interesting about your family's past.

What holiday traditions do you like celebrating with your family?

DIG DEEPER If you could invent a new holiday, what would it be like?





Do you have close friends who feel like family? Who are they?

Write a letter to a friend or family DIG DEEPER member who lives far away.

How does your family show that they care?

DIG **DEEPER** Show someone that you care by saying something nice about them.



Feelings Discussion Cards

Feelings

Feelings



Feelings



What are 3 things that make you happy?

DIG DEEPER Share a story about a time you were very happy.

DIG

What would you do if your friend

What helps you feel better when

you are sad?

What does your body feel like

when you are angry?

DEEPER

was sad?

Feelings



What does your body feel like when you are worried?

DIG DEEPER Share something that is worrying you right now.

DIG

How do you *act* when you feel

DEEPER angry?

Feelings



What is something that scares you?

DIG DEEPER

Tell a scary story.

How do you know when someone in your family is upset?

DIG DEEPER How would someone else know that *you* are upset?

Feelings

Feelings



Feelings



When you feel sad, what does your body feel like?

DIG DE<u>eper</u>

How do you act when you feel sad?

How does your body feel different when you are worn-out or tired?

DIG DEEPER

What is your bedtime routine?







My World



What is your favorite time of year? Why?

If you could be an animal, what would you be?

DIG DEEPER How does the world change during your favorite season?

DIG DEEPER What animal are you most afraid of?

My World



My World



What is your favorite song?

What kind of wildlife have you seen near your home?

DIG **DEEPER**

DIG

DEEPER

Can you play an instrument?

DIG **DEEPER** What animals have you touched?

What did they feel like?

My World



My World



What is the farthest place you have travelled to?

like to visit?

Where in the world would you most

What are your favorite games to play outside?

DIG DEEPER Have you ever invented a new game? If so, explain the rules.

If a magical genie granted you one

wish, what would you wish for?

My World



My World



If you planted a garden, what fruits and vegetables would you grow?

DIG DEEPER Draw a picture of your dream garden.

What do you think your best friend would wish for?

DIG **DEEPER**