

6.2.1

Discovering  
Activity

# The Value in a Word

“Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which have the potential to turn a life around.”

—Leo Buscaglia

**Leo Buscaglia**  
(March 31, 1924–  
June 12, 1998),  
author, motivational  
speaker, professor

When have you received a kind word or gesture?

How did this gift of kindness help you feel better or encourage you to do better?